

Emergency First Aid at Work – Online Annual Refresher

IIRSM, Institute of Hospitality & CPD Approved - 4 CPD points

What is Emergency First Aid?

First aid administered in an event of an emergency situation to assist an injured or ill casualty in the absence of a medical professional. The aim of first aid is to ensure the casualty is treated promptly, made safe and comfortable, and prevent the condition from deteriorating.

In addition to covering the core basics of first aid, this course highlights some of the most serious conditions and provides necessary action points to assist the casualty. The priority of a first aider is to assess the situation and minimise danger to themselves and the casualty.

Module Number	Module Name	Pass % required
1	What is First Aid?	70
2	Barriers, ABCDs & the recovery position	70
3	CPR and AEDs	70
4	Choking	70
5	Bleeding	70
6	Shock	70
7	Spinal Injuries	70
8	Breaks	70
9	Head Injuries	70
10	Sprains	70
11	Managing an Incident & Record Keeping	70
12	Burns & Scalds	70
13	Electric Shock	70
14	Eye Injuries	70
15	Anaphylaxis & Diabetes	70
16	Heart Attack & Stroke	70

Duration: 115 minutes (Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.)